

Economowoc, Wis.
June, 1901

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WALDHEIM SANATORIUM

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Descriptive catalogue

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SANATORIUM WALDHEIM

AN INSTITUTION FOR THE TREATMENT
AND CURE OF CHRONIC DISEASES

A REST PLACE
FOR THE
CONVALESCENT



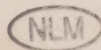
A PARADISE

TO THE INFANT
THE SUFFERING AND
THE WEAK

1899



FRONT VIEW SANATORIUM.





· GROUNDS AT WALDHEIM.



WALDHEIM is located on the north shore of the picturesque Oconomowoc Lake, in the beautiful county of Waukesha, Wis., and can be reached in an easy walk of eight minutes from Gifford's, on the Chicago, Milwaukee & St. Paul Railway, and is just two miles east of the "City of the Lakes," Oconomowoc.

The Sanatorium, built in the Queen Anne style, is four stories high, with friendly, well-ventilated rooms, heated by steam and hot water, supplied with electric call bells, lighted

by electricity and gas, makes an agreeable exception from the barrack style in which many institutions and hospitals are built. Every room commands diversified and beautiful scenery.

The manifold means of cure which can be applied in Waldheim make the institution especially adapted for the treatment of a variety of diseases, such as lung and throat troubles, neurasthenia, asthma, catarrh of the stomach, catarrh of the bladder, chronic kidney disease, diabetes, chronic rheumatism, anæmia, chlorosis, uterine and ovarian troubles, anomalies of menstruation, etc. Only such cases are admitted in which a cure, or at least a great improvement, is expected; obnoxious cases are not admitted.

All cases are treated by the Superintendent himself; the number of patients admitted at one time is limited, that each one can have a daily consultation in the office or his room. The diet of each is strictly regulated and prescribed; this system has proved to be very satisfactory during the past years.



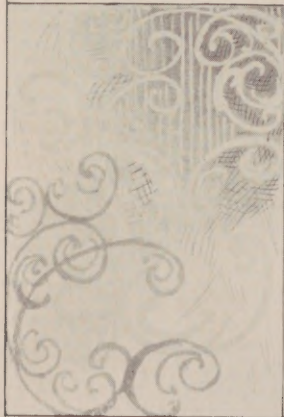
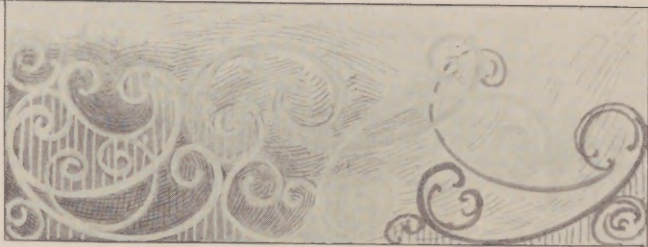
The extensive grounds, bordered by the beautiful clear lake and a rippling stream, which make the atmosphere mild and free from dust, have many well-kept walks, plentifully supplied with inviting settees and hammocks, and make out-of-door life agreeable, which is further encouraged by bathing, swimming, fishing, rowing and all kinds of games.

During bad weather the guests are entertained indoors by music, chess, checkers, etc. The beautiful Winter Garden and Solarium provides abundance of fresh air and light in the midst of winter, and billiards, bowling and light gymnastics are practiced daily, thus providing for the necessary amount of bodily exercise. A large library and reading-room, with the daily papers, are for the mind.

In a new stable, supplied with all modern conveniences for their proper care and feeding, are kept a number of chosen blooded cattle; which, rationally fed and cared for, supply the table with the best of milk and butter. Great precaution is taken in milking, but in case of need the milk is sterilized in addition. A large vegetable and fruit garden furnishes daily and for each meal tender and fresh esculents.



BIRD'S-EYE VIEW OF THE GROUNDS.



THE ARRIVAL.

SANATORIUM STATION.

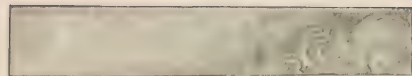


A WARM AFTERNOON.

A COOL BREEZE.



BRIDGE AT ENTRANCE TO PARK.



APPROACH.



MAIN ENTRANCE TO PARK.





A BREEZY SPOT.

BOAT HOUSE.



MEDITATION.

LAKE DRIVE.



PARK GARDEN.

TENNIS GROUNDS.



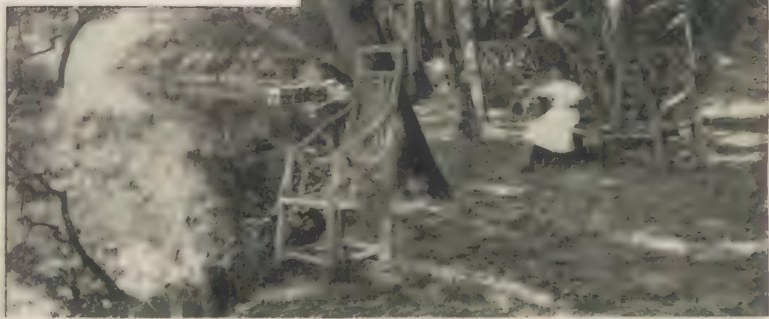
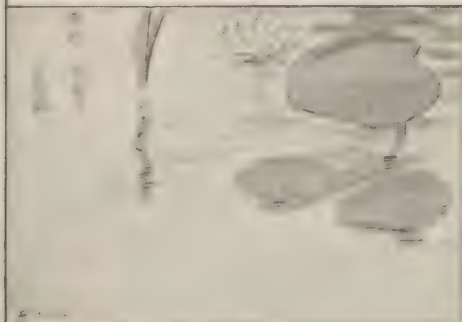
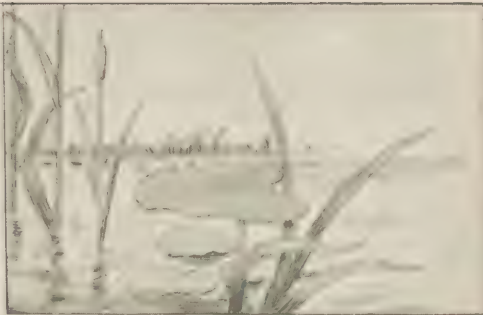
LAWN TENNIS.

A DRIVE.



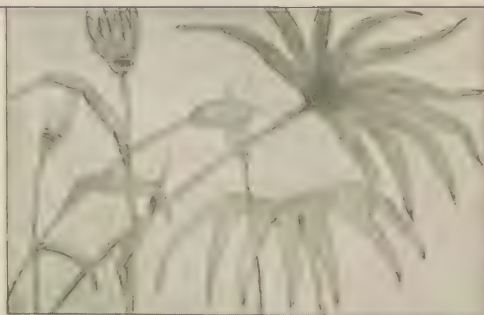
FOREST.

SHORE DRIVE.



RIVER PAVILLION.

PRIVACY.



SCENES ON THE RIVER.



CONSERVATORY.

THE STABLE.



ALONG THE FRONT.



RIVER SCENE.



REAR OF SANATORIUM.



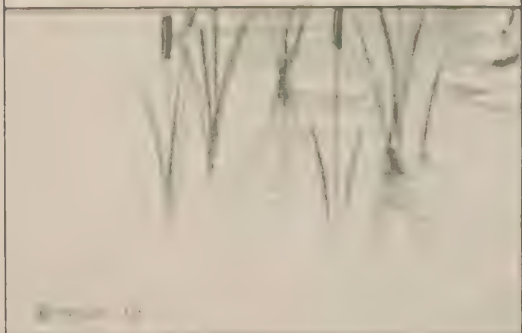
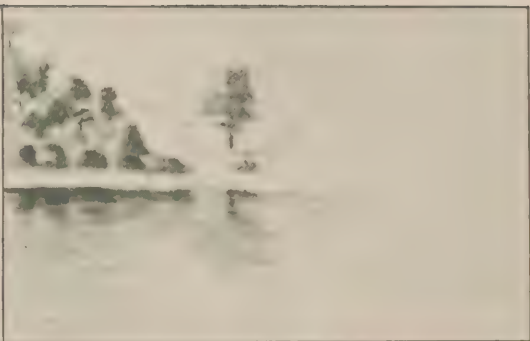
MAIN HALL.

ELEVATOR.



DOCTOR'S LIBRARY.

SITTING ROOM.



WALDHEIM PARK SCENES.



WALDHEIM PARK SCENES.



SOLARIUM.

WALDHEIM.....

Is not an institution in which a one-sided system of treatment is practiced. All approved methods of cure are practiced according to indications, such as hydrotherapy, electricity in all its forms, massage, gymnastics, inhalations, grape cure, milk cure, systematic cures after Playfair-Mitchell, etc. A very comfortable maternity ward, arranged according to the rules of asepsis, is in readiness for those who cannot have good conveniences at home or who need



LAKE FRONT.



special care in an almost ideal place. A special diet and other treatment has been successfully practiced in cases of contracted or narrow pelvis. Such patients ought to come, however, four months before term. The surgical operating room is modern, the best of counsel is secured, and physicians are invited to do operations here, where the quietude and pure air of the country can be had, together with perfect asepsis and a very careful after-treatment. During the summer months a baby ward is established for children sick with Cholera Infantum, or who are prostrated by the heat, as Waldheim with its southern exposure, large lake front and twenty acres of forest or park seclusion is especially adapted for the prostrated babies of the large cities. They are rationally fed and cared for by kind, especially-trained

nurses, and overseen by the Superintendent himself. The department for Hydrotherapy is arranged in the most modern and scientific way. The electric baths are most perfect and are administered strictly under medical supervision. The sand baths, after Liebau, are a new feature as well as the carbonic acid bath, "System Bloch." Patients needing hot sand baths will have them given in a carefully guarded way, and those who are afflicted with heart disease and ought to go to Nauheim, can have the same bath and accompanying treatment strictly after Dr. Schott, right in the institute (carbonic acid bath, "Bloch,") and it is easy to understand that patients suffering with chronic rheumatism or heart disease will do far better in a private institute which is under strict medical supervision, has a regulated diet and an absence of all outside temptation, as in an open public water cure, etc. The latter places are more adapted for the lighter forms of such ailments and for pleasure seekers.

CONDITIONS...

1. The terms for a comfortable, well-furnished room, service, heating, light, board, the use of boats, etc., baths and all other appliances, including medical attendance, is from \$15 to \$35 per week, payable weekly, according to location of room and treatment necessary. Consultation and examinations, \$5.00.

2. The laundry is excepted, and patients needing baths are requested to bring their own bath blanket (of Turkish toweling) marked or named.

3. Visitors or relatives wishing to stay are charged \$2.50 per day; the number admitted, however, is limited.

4. It is desirable that application for admission be made in advance. Rooms ordered and not occupied are charged full price.

DR. J. H. VOJE,
SUPERINTENDENT.

Address : Dr. J. H. Voje, Oconomowoc, Wis., or Sanatorium Waldheim, Oconomowoc.

Telegraph Address : Dr. Voje, Oconomowoc.

Telephone: Sanatorium, 31 ; Oconomowoc office, 30.

The nearest station is Gifford's; all day trains stop there.

Guests will be met by our conveyances either at Gifford's or Oconomowoc, if we are notified of the day and train on which they will arrive.

BINNER  PRESS
CHICAGO